



# Chiropractic Newsletter

## Well-Being

### Can Chiropractic “Treat” Conditions?

Parents concerned with their child’s symptoms or conditions may want to apply new options especially after traditional methods are unsuccessful. The choice to use chiropractic care, or anything else, to treat your child’s symptoms is a choice only you can make. Chiropractors do not work to treat conditions and they explicitly represent a non-treatment model of care. However, many parents have achieved positive results using chiropractic as a first line of action for their child’s symptoms. How is this possible?

The stated purpose of chiropractic is to improve nervous system function through correction of spinal misalignments called subluxations. In the chiropractic model of care, there is no such thing as “treatment.” This is because the body is responsible for all healing successes. The role of the chiropractor is to support the body’s nervous system and to free it from internal constraints and imbalances. When this happens, the body achieves a



*Jamie Siever Photography*

renewed ability to adapt and thrive. The alleviation of symptoms is not to the credit of chiropractic, but of your body’s own innate intelligence.

You can experience this for yourself viscerally after a single adjustment. What is happening is the chiropractor removes imbalances called subluxations which enables the body to function in profound ways. These functional improvements may appear to be the result of chiropractic adding something new, i.e. treating the body, but the reality is they are normal functions innate to the body’s natural design.

To “treat” conditions using chiropractic is

a private consideration any parent has the right to make, and it may align well for any parents needs, since the stated purpose of chiropractic is to improve overall nervous system function. This approach resonates with many people, is less costly and inherently safe.

The safety of chiropractic care can be established by considering first, the

complete absence of parental distress voiced in the public sphere, and second, by recognizing that chiropractic care does not add anything new to the body, but works only to align with body's own natural state of being and normal function.

—*Pathways Magazine*. Read more at [Pathwaystofamilywellness.org](http://Pathwaystofamilywellness.org)

